

# WINTER WELLNESS LUXURY WELLNESS - 3 NIGHTS

Fuji or Rainbow Suites \$1,495 + GST\* per night Lotus Suite \$1,645 + GST\* per night

- 1 x 1-hour massage per person
- 1 x 1-hour yoga per room
- 1 x day trip via water taxi (hiking 2-4 hours) in the stunning Abel Tasman National Park, through native bush and along golden sand beaches with a tasty & healthy packed lunch included
- Daily meditation sessions
- 'Split Apple Thoughtful Food Cookbook' by Chef Pen & Lee Nelson

### WINTER WELLNESS

LUXURY WELLNESS - 5 NIGHTS

Fuji or Rainbow Suites \$1,495 + GST\* per night Lotus Suite \$1,645 + GST\* per night



- 1 x 1-hour massage per person
- 1 x 1-hour yoga per room
- 1 x day trip via water taxi (hiking 2-4 hours) in the stunning Abel Tasman National Park, through native bush and along golden sand beaches with a tasty & healthy packed lunch included
- Thoughtful Food Cooking Class with Chef Pen -Followed by lunch with wine: If you would like to prepare some of our delicious meals at home, our acclaimed chef Pen will guide you through a thoughtful food cooking class where you will learn to make mouth-watering healthy creations, making sure the health benefits of your stay are long-lasting.
- Daily meditation sessions
- 'Split Apple Thoughtful Food Cookbook' by Chef Pen & Lee Nelson



#### \* RATE INCLUDES:

full use of facilities, saltwater infinity swimming pool, Japanese Onsen hot bath, saunas and two private beach accesses. Continental and cooked breakfast and gourmet dinner specially created to promote wellness.

#### **ADDITIONAL WELLNESS OPTIONS:**

- Individualised programme for optimal health \$1,500 + GST per person
- Thoughtful Food Cooking Class with Chef Pen (\$500 + GST 1-2 people)

#### **ARRIVALS & DEPARTURES:**

Check-in time from 3pm; check-out time by 11am.

## DEPOSIT AND CANCELLATION POLICY 1st June - 30th September 2020 :

A deposit of one night's rate is required to secure your reservation.

For any stay 5 nights or more a deposit of 25% of total stay is required.

Balance of stay is due 14 days before arrival. There is no charge for cancellations more than 30 days from arrival date.

Between 30-14 days prior: deposit paid. Less than 14 days prior to booking: 100% of total booking price.

Split Apple Retreat does not accommodate children under 12 years of age.



All room rates are quoted in NZD and are subject to 15% GST. Rates do not include any alcoholic beverages